

Project Name	Celebrate World Circus Day
Amount applied for	£3,017
Lead Organisation	Urban Angels
Ward/Neighbourhood	Kirkstall

Community Plan Objective	Best City For Communities Best City for Health & Wellbeing
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Project Summary
The funding will be used to create a well-being focussed day of celebration at community facility Open Source Arts, (OSA). The well-being aspect of the project will be focussed through: 1. Healthy eating 2. Healthy exercise and activities 3. Healthy culture - arts for deepening understand and stimulation These 2 major factors will be presented through a World Circus Day (an international celebration) to encourage well-being being seen and received as a fun and exciting thing to take part in. 1. The venue will supply a "I Bet You Did Not Know Vegan Could Be This Great" buffet. From 12-2pm. Select food from the buffet that gives you 5 a day. They will also produce simple recipe sheets and nutritional advice for people to take away. 2. The exercise will consist of: i. Stretch – a yoga class by OSA resident yoga teacher ii. Dance – like nobodies watching. By OSA resident dance tutor iii. Drawer – even if you did not think you were any good at school. Circus themed illustration workshop by Pen Wizardy illustration-workshop. iv. Balance and coordination – Equalibristics (such as tightwire) and Manipulation (such as juggling). Workshop activities provided by experience practitioners from Leeds Children's Circus. v. Strength – Basic Aerial Skills (trapeze, aerial hoop and silks) provided by Urban Angels Circus 3. Relax and Create - Community groups such as resident drummers Songo drummers will be invited to perform during the day. Other local groups will also be invited to perform. This includes Urban Angels Circus' own adult aerial community class that learn at Cardigan Centre, LS6 1LJS. All Hallows Church Knit and Natter will be invited to offer knitting and crochet workshops

Cardigan Centre will be invited to promote their well-being activities such as their free over 50's Pilates class. They will also be invited to bring their framed giant cardigan!

Urban Angels will supply the interactive circus game "Miss Lily's Victorian Circus Game and Exhibition". This is funded by Heritage Lottery Fund.

Urban Angels will supply 2 performances of "Oh Susannah! - a play about love and aspiration about black Victorian circus proprietor Pablo Fanque. Pablo has strong connections to Leeds and is buried close by in Woodhouse.

When will the project run?

20th April 2019

How many people can attend?

We have set the target of attracting 500 people throughout the day

Targets for the project and how success will be measured

The project will monitor how many people leave detail to continue the well-being related activities and note addition hits and likes for all the key organisations on social media in the run to, during the day and after the activity. We are hoping for at least 300 engagements on social media and are considering making a film on the day which we will distribute on line if the permissions are gained tbc.

How the project will be promoted and/or participation encouraged

The event will be on Open Source Arts website and calendar and face book page. It will also be on Urban Angels Circus and Urban Angels websites and facebook pages. It will be promoted as a family friendly activity through the Breeze network.

There will be a minimum of 2 press release to local press and also through circus and healthy eating networks and organisations.

Kirkstall ward Councillors: Hannah Bithell, John Illingworth, Fiona Venner and Hyde Park and Headingley ward Councillors: Al Garthwaite, Jonathon Pryor and Neil Walshaw will be invited to promote and attend the event.

Other relevant organisations such as will be invited to promote the event and asked to distribute flyers on our behalf

Exit strategy/How the project will continue after the funding

The well-being day will up the profile of many grass roots organisations that enhance well-being through:

Food, exercise, positive activities, by bringing people together and generating knowledge about local resources and social cohesion. It will promote the benefits of volunteering.

The crashmat will stored and used at least twice weekly by OSA's. However, it will be a shared community resource available to Urban Angels and Leeds Children's Circus.

Other organisations involved

Open Source Arts
 Cardigan Centre representatives or activities
 Leeds Children's Circus
 All Hallows Church representatives or activities

Financial Information			
Revenue funding requested	£3,717		
Total cost of project	£5,083		
Match funding/Other funding sources	£1,366 (Heritage Lottery Fund)		
Available Funds in Group Bank Account			
Funding received since 2010			
Full Breakdown of Costs			
Item	Wellbeing	Other (with funding body)	Date of Decision
Workshop Leaders x 8	£1,000		
Food	£300		
Lead Cook	£200		
Venue Hire set up and get out @ £30 per hour	£150		
Venue Hire for the well-being activity day @ £30 per hour	£180		
Miss Lily’s Victorian Circus Game and Exhibition		£1,366	
Oh Susannah performances	£500		
Coordination and overheads and volunteers expenses	£650		
Crashmat for high level aerial activities. (All other equipment is already in existence or will be lent by Urban Angels free of charge)	£450		
Marketing - 250 A5 flyers double sided £67.00 10 – A3 posters £20 websites and social media £200 = £287	£287		
	£3,717	£1,366	

Details of volunteers	3 X Volunteers 12 Hours £398.16
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Volunteer role	Accessibility and general help
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